

July 2026

Christus St Vincent Regional Cancer Center Integrative Event Schedule

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 - 3:30 PM	2	3	4
5	6 Reiki - by appointment Meditation - 1:30 to 2:30 PM	7 Create to Heal 1:30 - 2:45 PM	8 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 - 3:30 PM	9 Chair Yoga - 3pm-3:45 @ Botulph Rd Reiki - by appointment Community Acupuncture - by appointment	10	11
12	13 Teaching kitchen 11:00 AM Reiki - by appointment Meditation - 1:30 to 2:30 PM	14 Chair Yoga - 3pm-3:45 @ Cancer Ctr Create to Heal 1:30 - 2:45 PM	15 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 - 3:30 PM	16 Chair Yoga - 3pm-3:45 @ Botulph Rd Reiki - by appointment Community Acupuncture - by appointment	17	18
19	20 Reiki - by appointment Meditation - 1:30 to 2:30 PM	21 Create to Heal 1:30 - 2:45 PM	22 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 - 3:30 PM	23 Chair Yoga - 3pm-3:45 @ Botulph Rd Reiki - by appointment Community Acupuncture - by appointment	24 Teaching kitchen with Dr. Ali 11:00 AM	25
26	27 Reiki - by appointment Meditation - 1:30 to 2:30 PM	28 Create to Heal 1:30 - 2:45 PM	29 Food Pantry 1:00 to 4:00 PM Sound Healing 3:00 - 3:30 PM	30 Reiki - by appointment Community Acupuncture - by appointment	31	